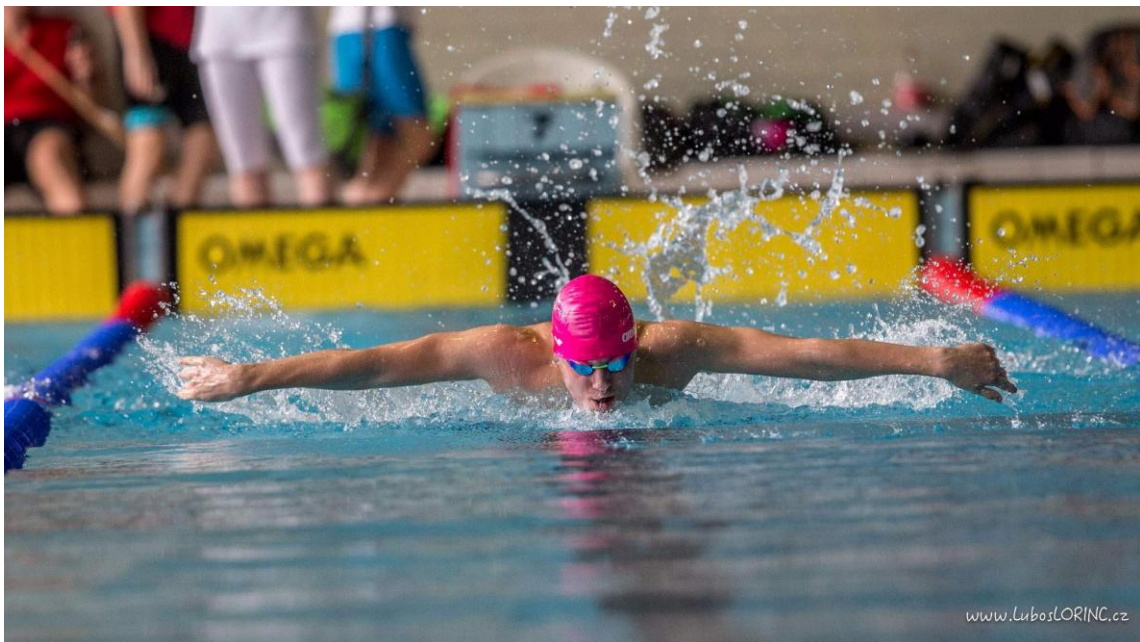




3rd SWIMMING GRAND PRIX OF HRADEC KRÁLOVÉ

1ST ROUND OF ARENA CUP ON 18 – 19 MARCH 2017



Partners of GP:



KRÁLOVÉHRADECKÝ
KRAJ



HRADEC KRÁLOVÉ



Organizer: Swimming Club Hradec Králové, Eliščino nábřeží 842, 500 03 Hradec Králové

Date: 18 – 19 March 2017

Location: Swimming pool Hradec Králové, 842 Eliščino nábřeží, 50 m, 8 lanes, OMEGA timing

GPS Coordinates: 50.2148528N, 15.8300089E (50°12'53.5"N 15°49'48.0"E)

Deadline for applications: Thursday 9 March 2017, send your Excel sheets to plavklubhk@seznam.cz, template can be downloaded here: http://pkhk.eu/velka_cena_grand_prix_hradec_kralove_2017. Please fill-in best times from 2016/17. Withdrawals possible till Thursday 16 March 2017 to plavklubhk@seznam.cz. After this date you have pay start fees.

Participants: Men and women 13 years old and older, i.e. year of birth 2004 and earlier

Entry fee: CZK 80 (circa 3 EUR) per each accepted start. Payment at the registration. We accept euros.

Presentation: Friday 17 March 2016 18.00 - 20.00 and Saturday 18 March 2016 07.00 - 08.00 at the pool.

Competition System: All 100 meters and 200 medley disciplines will swim qualification heats and finals, other disciplines swim just for the time measured. One start rule applies (SW 4.1a). The number of heats in other disciplines will be determined by the number of registrations. Withdrawals from the finals can be made within 30 minutes after the announcement of the qualified swimmers. In case you do not start without having been withdrawn from the finals, you will be charged CZK 200 (8 EUR) in accordance with the Czech Competition Rules. Each swimmer can start in three events per session (half-day) except relays and finals.

Accommodation: Special arrangement has been made with hotel Cernigov. Book directly via their e-mail or phone using password „Swimming Grand Prix “. For more detail see attached details in e-mail, hotel web-page: <http://www.hotelcernigovhradeckralove.com/en/> or our club web-page: http://www.pkhk.eu/velka_cena_grand_prix_hradec_kralove_2017

Meals: To order lunches and/or dinners at KC Aldis (100m from the pool) contact us on e-mail: velkacenahk@seznam.cz.

Prizes: Best performer of men and women will receive CZK 2,000 each. Winners of the finals will receive CZK 1,000. 3 best swimmers in each discipline will be awarded a diploma and a medal.

Information: The competition will run according to valid swimming rules of CSPS Competition Rules and Regulations. FINA rules apply. Starting list will be posted in the pool area, and will not be passed on to clubs. Entries will be posted up on CSPS online system and www.pkhk.eu no later than Tuesday 13 March 2017. Results will be posted at the pool, on CSPS online system and www.pkhk.eu

Events schedule:

Saturday 18 March 2017 09:00				Saturday 18 March 2017 15:30			
Warm-up 07:30 – 08:30				Warm-up 14:30 – 15:20			
1.	200	BREAST	W	11.	400	FREE	W
2.	200	BREAST	M	12.	400	FREE	M
3.	100	FREE	W	13.	200	FLY	W
4.	100	FREE	M	14.	200	FLY	M
5.	200	INDIVIDUAL MEDLEY	W	15.	50	BACK	W
6.	200	INDIVIDUAL MEDLEY	M	16.	50	BACK	M
7.	100	FLY	W	17.	50	BREAST	W
8.	100	FLY	M	18.	50	BREAST	M
9.	800	FREE – HEATS 1 + 2	W	103.	100	FREE - FINALS	W
10.	1500	FREE - HEATS 1 + 2	M	104.	100	FREE - FINALS	M
				105.	200	IM - FINALS	W
				106.	200	IM - FINALS	M
				107.	100	FLY - FINALS	W
				108.	100	FLY - FINALS	M
				19.	4x100	FREE MIXED RELAY	W (2) + M (2)
				9a.	800	FREE – HEAT 3	W
				10a.	1500	FREE – HEAT 3	M

Sunday 19 March 2017 09:00				Sunday 19 March 2017 15:30			
Warm-up 07:30 – 08:30				Warm-up 14:30 – 15:20			
20.	200	FREE	W	30.	50	FLY	W
21.	200	FREE	M	31.	50	FLY	M
22.	100	BREAST	W	32.	50	FREE	W
23.	100	BREAST	M	33.	50	FREE	M
24.	400	INDIVIDUAL MEDLEY	W	122.	100	BREAST - FINALS	W
25.	400	INDIVIDUAL MEDLEY	M	123.	100	BREAST - FINAL	M
26.	100	BACK	W	126.	100	BACK - FINALS	W
27.	100	BACK	M	127.	100	BACK - FINALS	M
28.	1500	FREE – HEATS 1 + 2	W	34.	200	BACK	W
29.	800	FREE – HEATS 1 + 2	M	35.	200	BACK	M
				36.	4x100	MEDLEY MIXED RELAY	W (2) + M
				28a.	1500	FREE – HEAT 3	W
				29a.	800	FREE – HEAT 3	M

Note: Between events 4 and 5 we will insert 4 heats of our youngest swimmers' race.

Point of contact: Ing. Jakub Medek
 Cell phone: +420 606 891 238
 E-mail: plavklubhk@seznam.cz (preferred channel)

The organizers are looking forward to your participation and hope that the 3rd Grand Prix of Hradec Kralove meets your expectations and your swimmers achieve the best performance.

Stanislav Hebr
 President SCHK